

BASIC - MAINSTREAM TEACHING SESSIONS

-----BASIC-----

SESSION ONE

SQUARE LD.: Partner, Comer,
Walk, Hand-hold, Honors, Heads,
Sides, Couples #1, #2, #3, #4,
Ends, Centers
CIRCLE LEFT & RIGHT (16)
DOSADO (6-8)
SWING (6-8)
COUPLES PROMENADE (Full) (16)
ALLEMANDE LEFT (6)
FORWARD & BACK (6-8)
RIGHT & LEFT GRAND (10)
STARS: Right, Left,
Heads, Sides, Boys, Girls (8)
COURTESY TURN (4)
2 LADIES CHAIN (8)
4 LADIES CHAIN 1/2 (8)
4 LADIES CHAIN 3/4 (10)
ROLL-AWAY, HALF-SASHAY (4)

SESSION TWO

PASS THRU (2-4)
U-TURN BACK (2)
PROMENADE SINGLE FILE (16)
BACKTRACK: Boys, Girls (2)
PROMENADE INSIDE:
Boys, Girls (8)
COUPLES PROMENADE 1/2 (8)

SESSION THREE

ARM TURNS: Left, Right (6)
STAR PROMENADE (12-16)
GRAND SQUARE (32)
TWIRL* (4)

SESSION FOUR

LADIES IN, MEN SASHAY (4)
SEPARATE AROUND 1, 2 (6-8)
COME DOWN THE MIDDLE ()
SPLIT TWO (2)

SESSION FIVE

SQUARE THRU: 1 thru 5 (2-10)
BEND THE LINE (4)
STAR THRU (4)
WEAVE THE RING (10)
RED ROCK - YELLOW ROCK* (2-4)

SESSION SIX

STIR THE BUCKET*
WALK AROUND CORNER (8)
SEE SAW PARTNER (8)
DO PASO (12-16)
ROLL PROMENADE* (4)
CIRCLE FOUR: 1/2, 3/4* (6-10)
AROUND ONE TO A LINE (4)

SESSION SEVEN

LEAD RIGHT (4)
VEER LEFT, VEER RIGHT (2)
WHEEL AROUND (4)
"NOW" (4)
ALLEMANDE THAR STAR:
From DO PASO (14)
SLIP THE CLUTCH (2)
HALF SASHAY: Standard (4)
RIGHT & LEFT THRU (8)
BOYS ROLL BACK and
PROM THE CORNER* (4)
CIRCULATE: (2-Faced Lines)
Boys, Girls, Couples (4)

SESSION EIGHT

CALIFORNIA TWIRL (4)
DIVE THRU (4)
ZOOM (4)
COUPLES PROM 3/4 (12)
TRADE: Boys, Girls (4-6)
CHAIN DOWN THE LINE (6)

SESSION NINE

ALLEMANDE LEFT to an
ALLEMANDE THAR (12)
SHOOT THE STAR (4)
BOX THE GNAT (4)
WRONG WAY GRAND (10)
CIRCLE to a LINE (8)
FLUTTERWHEEL (8-12)
REVERSE FLUTTER (8-12)
SWEEP 1/4 MORE (2)

SESSION TEN

ALAMO STYLE RING (6)
BALANCE (4)
ALAMO STYLE SWING THRU (6)
R.H. OCEAN WAVES
DOSADO to an OCEAN WAVE (8)
SWING THRU from WAVES (6)
RUN: Boys, Girls (4)
CIRCULATE: All Eight (4)
TRADE: Couples (6)

SESSION ELEVEN

SHOOT the STAR: Full Turn (8)
WRONG WAY THAR ()
PASS THE OCEAN (4)
EXTEND (2)
WHEEL & DEAL:
From 2-Faced Lines (4)
DOUBLE PASS THRU (4)
1st COUPLE LEFT, 2nd RIGHT (4)

SESSION TWELVE

TOUCH-A-QUARTER (2)
TRADE: Ends, Centers (4)
RUN: Ends, Centers (4)
PARTNER TRADE (4)
TRADE BY (4)
CIRCULATE: Single File, Ends,
Centers, Split, Box (2-6)

SESSION THIRTEEN

WHEEL & DEAL: 2-Faced Lines (6)
FERRIS WHEEL (6)
CROSS RUN (6)
LEFT SWING THRU (6)
SINGLE HINGE (2)

-----MAINSTREAM-----

SESSION FOURTEEN

CLOVERLEAF (4)
TURN THRU (4)
LEFT TURN THRU (4)
WALK & DODGE (4)
EIGHT CHAIN THRU (2-20)

SESSION FIFTEEN

SLIDE THRU (4)
PASS to the CENTER (2-6)
SPIN THE TOP (8)
CENTERS IN (2)
CAST OFF 3/4 (6)

SESSION SIXTEEN

FOLDS: Boys, Girls, Ends, Centers,
Cross (2-4)
DIXIE STYLE to an
OCEAN WAVE (6)
SPIN CHAIN THRU (16)
SCOOTBACK (6)

SESSION SEVENTEEN

RECYCLE (4)
COUPLES HINGE (4)
TAG THE LINE (6)
HALF TAG THE LINE (4)

SESSION EIGHTEEN

FUN SHOP/MAKE UP

SESSION NINETEEN

FUN SHOP/MAKE-UP

SESSION TWENTY

FUN SHOP

*Indicates Additional Information